***Life Skills Distance Learning May 4th-May 7th***

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| **TIMES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
|  | **Communication/PE** | **Vocational/Independent living** | **Functional Academic/PE** | **Domestic/Leisure/Safety Travel** |
| 9:00 AM – 9:30 AM | **\*Morning Meeting/Meditation**  **Group 1 (8:45-9:00)**  **Josh, Troy, Trevor, Frank**  **\*Speech Live Lesson**  **\*Morning Meeting/Meditation**  **Group 2 (9:05-9:20)**  **Jack, Alex, Jamie, Carter, John**  **\*Speech Live Lesson** | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> | Morning Meditation  <https://www.youtube.com/watch?v=vYQy8-7Ut1E> | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> |
| 9:30 AM – 10:00 AM | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **\*Functional Academic/Independent Living Live Lesson**  **USL Reading “Jordan’s First Job”**  **Group 1-Josh, Troy, Trevor,**  **Frank**  **\*PT**  **\*JR & Mrs. Sands** | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Leisure**  **Puzzle Challenge**  **Chick on the link for more details**  <https://flipgrid.com/f87f57f6> |
| 10:00 AM – 10:30 AM | **Functional Writing/Math**  Write/Type Name  Write/Type Personal Information  Log in to Boom Cards    Login to IXL.com and work on Math & Reading comprehension | **\* Functional Academic/Independent Living Live Lesson**  **USL Reading “Jordan’s First Job”**  **Group 2- Jack, Alex, Jamie, Carter, John** | **Functional Writing/Math**  Write/Type Name  Write/Type Personal Information  Log in to Boom Cards    Login to IXL.com and work on Math & Reading comprehension | **Meal Prep**  For today’s lunch write or type out materials needed  For today’s lesson write or type ingredients/food items needed |
| 10:30 AM – 11:00 AM | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf>  JF- Mrs. Burgio | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **\*Domestic/Cooking**  **Group 1-Josh, Troy, Trevor, Frank**  **\*Group OT**  **(FD OT 10:45-11:00)**  **\*Live Lesson on making a Tuna Melt**  **Click on the FlipGrid to review the steps**  [**https://flipgrid.com/2d958094**](https://flipgrid.com/2d958094)  \*If you do not have tuna you can use lunch meat. |
| 11:00 AM – 11:30 AM | Lunch | Lunch |  | **\*Domestic/Cooking**  **Group 2-Jack, Alex, Jamie, Carter, John**  **\*OT**  **(JF OT 11:15-11:30)**  **\*Live Lesson on making a Tuna Melt** [**https://flipgrid.com/2d958094**](https://flipgrid.com/2d958094)  \*If you do not have tuna you can use lunch meat. |
| 11:30 AM – 12:00 PM | Lunch Cleanup | Lunch Cleanup | Live Lunch with classmates & Teacher | Lunch Cleanup |
| 12:00 PM – 1:00 PM | **Favorite Sport**  Click on the link and post a response to your classmates about your favorite sport and favorite team. Post a question or comment on one of your classmate’s post. Post a video on you playing your favorite sport  <https://flipgrid.com/9f2f0cb5> | **Vocational Work**  Click on the link for vocational task ideas. You may need your FlipGrid ID to access  Clerical job # 1 <https://flipgrid.com/a5ec72df>  Clerical job # 2 <https://flipgrid.com/3ba1b499>  Matching <https://flipgrid.com/dda3dfa1>  Sorting by Color <https://flipgrid.com/4f16afc3>  Counting Sets <https://flipgrid.com/41bc4e39> | **News-2-You**  **Irwin Family Helps Animals**  Story will be e-mailed. Click on link below for the story to be read aloud.  <https://www.wevideo.com/view/1665792502>  **Virtual CBI Elmwood Park Zoo-11:00 AM** <https://www.elmwoodparkzoo.org/event/zoo-school-live/all/>  **JR & Mrs. Sands**  **JF & Mrs. Burgio** | **Safety Travel**  **Neighborhood Scavenger Hunt**  Click on the link and see if you can find all the pictures in your neighborhood.  [https://images.app.goo.gl/3SiTBgj2f332wgCf7](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimages.app.goo.gl%2F3SiTBgj2f332wgCf7&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7Cb3438f19ce874bd5589c08d7ef74b6db%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637241156867783101&sdata=G8Du6QJ057V1w7dLdtZworhX%2FTFub4HCyhy4aSa3F8I%3D&reserved=0)  **Tips Safety Travel**  **\***Walk with an adult or older sibling  \*Eyes & head up while walking  \*Look for cars backing out of driveways  \*Look for cars before crossing a street  \*Walk on the sidewalk if you have a sidewalk  \*Practice social distancing when walking past someone. 6 feet apart |

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